

A Manifesto for Mothers

We believe

The one who holds, needs to be held.

We believe

We are worthy and enough, just as we are.

Being a mother is an important part of our identity, without defining us.

The work of mothering is co-creative with our children, and transforms us.

We don't get 'lost' but feel this way if we stop listening and connecting to our inner wisdom.

We believe

We shine from the inside out and create our reality from within.

We are inherently creative and shine our brightest when expressing our natural gifts.

We are unique by default, with innate gifts, natural talents and learned skills that this world needs.

When we are fulfilled and thriving in our own right first, then we can be our best for all outside of us.

Growth, and expressing who we really are, is normal, natural and what God intends for us.

We believe

In connection through the vulnerability of storytelling and the power of authentic conversations.

Social change starts with every one of us finding our voice.

We believe

The purpose of life is joy.

Abundance is available to everyone and that we can be, do, have and give what we want, without taking from others.

We believe

The most truly important place to belong is to ourselves.